



SUMMER SWIM SEASON 2025

# THE SHARK BITE

Nansemond Swim Club Swim Team Information for Parents and Swimmers

## Swim Team Organizers and Coaches:

### Joy & Joel Andrus

Team Managers

757.725.2520 Joy's cell

757.576.0031 Joel's cell

nscsharks@gmail.com

### Ken Hirlinger

Head coach

703.728.4414 cell

### Delaney Wright

Assistant Coach

### Jordan Law

Assistant Coach



## PRACTICE SCHEDULE

**Mon-Fri, May 27-July 19**

5:15-6:00 6&Under and Beginners

5:45-7:00 Ages 6-10

6:45-8:00 Ages 11-18

The first 15 minutes of practice will be used for dry-land training. Swimmers should report coaches at the front pavillion with shorts and t-shirt on over their swim suits.

## REGISTRATION

Register for the Nansemond Sharks online from May 1<sup>st</sup> to June 14<sup>th</sup>

### ELIGIBILITY:

Swimmers must be members of Nansemond Swim Club to join the swim team.

Swimmers must be able to swim the length of the pool without stopping.

### Registration Fees:

**\$80 first swimmer**

**\$75 second swimmer in same family**

**\$70 third swimmer in same family**

**FREE fourth child in the same family**

Optional add-ons like team suits, caps and team spirit wear are available for purchase at Team Check-in & Registration.

Registration fees will cover expenses related to coaching, swim meets, league fees, and the team party.

**PAYABLE BY CREDIT CARD, CASH OR CHECK AT THE POOL.**

**MAKE CHECKS OUT TO NANSEMOND SWIM CLUB**

**SIGN-UP ONLINE @**

[NANSEMONDSWIMCLUB.COM](http://NANSEMONDSWIMCLUB.COM)

# CALENDAR OF EVENTS

**Saturday, June 14th @ 9:00 a.m HOME MEET**  
NSC vs. Team Barracuda. Warm-ups at 8:15 a.m.

**Saturday, June 21st @ 9:00 a.m. AWAY MEET**  
NSC vs. Smithfield Blue Dolphins, 312 Lumar Rd.  
Smithfield. Warm-ups at 8:30 a.m.

**Wednesday, June 25th @ 6:00 p.m. AWAY MEET**  
NSC vs. Tsunami, 6815 Burbage Lake Cir, Suffolk  
Chesapeake. Warm-ups at 5:30 p.m.

**Saturday, June 28th @ 9:00 a.m. HOME MEET**  
NSC vs. Marlin Club  
Warm-ups at 8:15 a.m.

**Friday, July 4th NO PRACTICE.** Ride in the Sharks  
Float in the Eclipse Parade at 10:00 a.m.

**Wednesday, July 16th @ 6:00 p.m. HOME MEET**  
Sharks vs. Parents Exhibition Meet @ NSC

**Saturday, July 19th @ 9:00 a.m.**  
ALL-STAR MEET\* @Team Barracuda Pool, 5301  
Sports Club Run, Suffolk, VA 23435  
Warm-up TBD

**Saturday, July 26th End of the Season Team Party**  
**at Nansemond Swim Club.** Families invited.

\*All-Star Swimmers will be announced by  
coaches on Friday, July 11th

## MEET CHECK-IN-TIME

PLEASE ARRIVE 20 MINUTES BEFORE  
WARM UP AND REPORT TO COACHES.  
SWIMMERS WILL BE MARKED WITH EVENT  
NUMBERS AT CHECK-IN, BEFORE WARM-  
UPS. PLEASE ARRIVE ON TIME.



## STROKE & TURN JUDGE TRAINING

**Please consider taking one of the WTSA sanctioned S&T Clinics so that you can volunteer as an official at Swim Meets. All Stroke & Turn Judges, Chief Judges, and referees should attend.**

Wed. 6/5 from 6 - 7:30pm at James  
River Community Church, 8909  
Eclipse Drive, Suffolk

## PARENT VOLUNTEER COMMITMENT

Each swim meet requires a minimum  
of 24 parent volunteers per team.  
Each family will be required to sign  
up for at least 3 volunteer shifts  
during the course of the season. A  
Parent Volunteer sign up sheet will  
be available at Swim Team Check-  
in/Registration.



# SPEEDO TEAM SUITS

'25 NSC Team Suits are Speedo Disco Book Super Pro Back for female swimmers with matching Speedo Jammers for male swimmers. Suits will be available for purchase at Team Registration & Check-in.

**\$58 Female Super Pro Back Suits**

**\$45 Male Jammer Suits**



# SHARKS SWIM CAPS

Coaches strongly encourage all female swimmers wear a swim cap for practice and meets. Latex and Silicone Team caps are available for sale.

# 2025 SHARKS MERCH

Show off your team spirit and help raise funds for the swim team by purchasing a Sharks Spirit Shop. 100% of proceeds benefit the team.



# COACH REQUIRED GEAR

Our coaches require swimmers to have the the following gear for practice: Please outfit your swimmers with the following items:

- **Swim fins such as Sporti Floating Fins from [Swimoutlet.com](http://Swimoutlet.com)**
- **Leak-proof goggles. Speedo Vanquisher Goggles will be for sale in the Shark Shop at Registration**





# CORPORATE SPONSORSHIP



Join us in thanking our Corporate Sponsor from the 2024 Swim Season. Sponsors help us pay our lane-usage fees, purchase new equipment for the team and host special Fun Friday team treats. Please remember to patronize our local team sponsors.



Coach  
**KEN  
HIRLINGER**  
Scholarship  
Fund



**BUSH & TAYLOR, P.C.**  
ATTORNEYS AT LAW



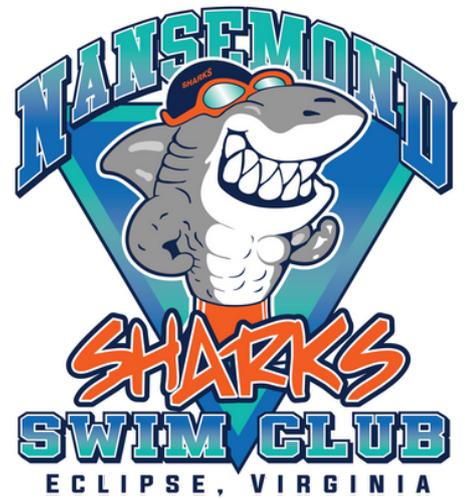
**Edward Jones**  
FINANCIAL ADVISOR  
Justin W Sorensen  
220 North Main Street, Suffolk, VA 23434

**PLEASE CONSIDER SPONSORING THE NANSEMOND SHARKS IN 2025!**



# NANSEMOND SHARKS SWIM TEAM SPONSORSHIP

Thank you for being a valued friend and supporter of the Nansemond Shark Swim Team. Your generous contributions allow NSC to provide exceptional coaching in a safe, well-maintained aquatic facility for over 100 young athletes aged 4 to 18 years.



## SPONSORSHIP INVESTMENT

**\$250 + \$30 banner printing fee (4x6) = \$280**

Banner Fee only applicable to first year sponsors. We will reuse your banner again next year.

Sponsor Name:

Name of Business or Organization:

Address:

Phone:

Email:

### SPONSORS RECEIVE THE FOLLOWING RECOGNITION

- Announcement of your sponsorship at all of our Home Swim Meets
- Your logo'd banner displayed at our pool all summer long
- Recognition on our website [www.nansemondswimclub.com](http://www.nansemondswimclub.com)

I will provide my own banner (4x6 max)

Please print a banner for me. I will email my logo to Team Manager, Joy Andrus, at NSCSharks@gmail.com. If you have any questions, feel free to call Joy at 757-725-2520 (cell).

Please make checks payable to **Nansemond Swim Club**

**THANK YOU!**

